

CHILDREN ARE REMARKABLE FOR THEIR INTELLIGENCE AND ARDOUR, FOR THEIR  
CURIOSITY, THEIR INTOLERANCE OF SHAMS, THE CLARITY AND RUTHLESSNESS OF  
THEIR VISION – ALDOUS HUXLEY

# BUSY KIDS CHILD CARE



## ON *this* MONTH

AT BUSY KIDS

Australia Day Party ----- 25<sup>th</sup>  
Parent/Teacher Interviews----- 8th –31st

### AROUND THE COUNTRY

National Bird Day ----- 5<sup>th</sup>  
Kid Inventors Day ----- 17<sup>th</sup>  
Australia Day ----- 26<sup>th</sup>

### *What's in our Newsletter*

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5 minute moves



## KID INVENTORS DAY – 17<sup>TH</sup>

Television. Water skis. Earmuffs. The Popsicle. What do they have in common? *All were invented by kids!* 500,000 children and teens invent gadgets and games each year. On the 17<sup>th</sup> of January every year we celebrate to acknowledge past and present accomplishments of kid inventors and to encourage the creativity of future kid inventors everywhere.

Find out more at [www.kidinventorsday.com](http://www.kidinventorsday.com).

## AUSTRALIA DAY – 26<sup>TH</sup>

On Australia Day we celebrate all the things we love about Australia: land, sense of a fair go, lifestyle, democracy, the freedoms we enjoy but particularly our people. How will you celebrate? [www.australiaday.org.au/events/](http://www.australiaday.org.au/events/)

## Health and Safety Tips—in and around cars

### Heat and Cars

On a typical Australian summer day, the temperature inside a parked car can be as much as 30 degrees to 40 degrees hotter

than the outside temperature. Children do not tolerate the heat as well as adults as their bodies generate more heat relative to their size than adults do. They also lose more fluids because they have a greater proportion of skin surface in relation to their size. Always ensure that children travelling in cars are not overheating and have adequate fluid intake. Leaving a child in a car can be extremely dangerous, so **never leave children alone in a car**.

### Limit play in the driveway

- Work with your kids to pick up toys, bikes, chalk or any type of equipment around the driveway so that these items don't entice kids to play.
- Identify and use safe play areas for children, away from parked or moving vehicles. Teach kids to play in these areas instead of in, around or behind a car. Consider making your driveway a toy-free zone.
- If children are going to be playing in the driveway, block it off with garbage bins or cones to prevent cars from coming in.



## HOW TO DECLUTTER TOYS

**Observe:** We need to observe our children play. Which toys do they play with most often? Each item in our home should add value. What value do these the rest of the toys bring?

**Reflect:** How did these toys get here in the first place? It's easy to declutter, but staying decluttered is the hard part. Reflecting on how we buy is necessary to make change.

**Arrange:** Our children toys should always be accessible. That means they shouldn't be buried at the bottom of bins or stored high in the closet. Keep what you can fit on shelves.

**Select:** Keep mostly open-ended toys. These types of toys allow kids to play with them in many different ways for long periods of time. Open-ended toys also encourage creativity.

**Detox:** We are giving children extra space and time to innovate and be resourceful. As they "detox" they may experience boredom until they figure out how to get back to the basics of play. It's part of the process.

**Donate:** Box up unwanted toys in good condition and donate them so they can be enjoyed by other children.

Source: [simplefamilies.com/how-to-declutter-the-toys/](http://simplefamilies.com/how-to-declutter-the-toys/)

## NEWS FROM OUR CLASS ROOMS

### **BABIES**

**Our Room Leader this year is Bethany Lihou, she is Cert III qualified and spent most of her time in the Toddler room last year. She is really looking forward to working with your babies and families.**



This month our theme has been Australia.

The babies have had a great first month and have been focusing on sensory play. They have been taught about Australian Animals with hands on activities.

I have been singing songs, like 'Waltzing Matilda' to the babies and showing them hand movements to the songs. This makes them smile, but I'm not sure if they are enjoying the songs or laughing at me!

Beth

If you have any questions, please feel free to ask at pick up or drop off. Also if you haven't completed our parent/teacher questionnaire, please catch up with Beth as this will help her program for your child's individual needs. Regards, Jen

### **PRESCHOOL**

**Our Room Leader this year is Stephanie McDonald. Most of you will know her from the Baby Room. Stephanie is studying to complete her Diploma and is excited about her new room. Renee Robinson is the other Educator in the room and has just completed her Cert III.**

We have been having discussions on starting school with our group this month, as there are a few children that will leave us in February and head to big school. We have been practicing our writing by tracing letters and numbers and learning to recognise our names.

As our theme for this month has been Australia, we have been reading stories like "The Outback" and during our craft we have been designing flags, boomerangs and making Australian animals.

Steph and Nay

If you have any questions, please feel free to ask us at pick up or drop off. Also if you haven't completed our parent/teacher questionnaire, please catch up with Stephanie as this will help her program for your child's individual needs. Regards, Jen

## NEWS FROM OUR CLASS ROOMS

### TODDLER

Our Room Leader this year is Kayla Williams. Kayla is Diploma Qualified and just moved to town late 2017. She comes to us with lots of energy and enthusiasm to teach your children. She is supported by James Hall and Hannah Woods. We will also have both Alicia Camilleri and Teagan Pascoe working in a part-time basis in the centre, but mostly in the Toddler room.

Throughout the month of January we focussed on sensory play whilst using our theme of Australia to include: importance of the land and surroundings with a hands on experience of the environment and what is in it.

We also learnt the names of Australian animals and how to pronounce them correctly.

We read books—My Aussie Dad. Sang some songs—Waltzing Matilda.

The children learn through play, books and songs and this is how we can teach them the importance and respect of others, their environment and their world.

Kayla, James and Hannah

If you have any questions, please feel free to ask Kayla or one of the team at pick up or drop off. Also if you haven't completed our parent/teacher questionnaire, please catch up with Kayla as this will help her program for your child's individual needs. Regards, Jen

PLEASE LOOK AT OUR WEBSITE—[www.buskidschildcare.com.au](http://www.buskidschildcare.com.au)  
TO SEE OUR STAFF AND MORE INFORMATION ABOUT OUR CENTRE



### Flags

Short simple activities to get some active minutes in the day.

A fun activity usually played at the beach during 'Nippers' on a Sunday can be adapted to play at home. This simplified version requires a peg (or similar item, like pieces of hose) for each person playing. Arrange pegs approximately 50cm apart in a line.

Each person lies on their stomach facing away from their peg at a distance of 15m (vary the distance to change the challenge).

A designated person says **ready set go**, players jump up and run towards their peg, and pick it up as they pass. After each go remove a peg, the person who does not retrieve one is out for now. Continue playing until there is only one peg/flag remaining.

**Feedback**  
is always welcome



How can we make our newsletter even better?

What information would you like us to include?

**BUSY KIDS CHILD CARE**

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