WHAT YOU DO EVERYDAY MATTERS MORE THAN WHAT YOU DO ONCE IN A WHILE – GRETCHEN RUBIN

Busy Kids Child Care

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Adopted Koalas!

Green Week was a big success!! 💚
Thank you to our amazing families who have donated this week to help us adopt some special furry friends in need 🐨🐨🐨
We were able to raise enough to adopt THREE Koalas, one for each of our classrooms plus an extra $80 which will be donated to The Australia Zoo Wildlife Warriors Bush Fire Appeal !
Our certificates of adoption will be displayed proudly in our classrooms for the children to see every day. They are all so excited to "help the koalas have food, homes and be safe"! Our efforts don't stop here, we will re adopt yearly! ☺
EARLY YEARS LEARNING FRAMEWORK: Learning Outcome -
2.1 Children develop a sense of belonging to groups and communities and an understanding of the reciprocal rights and responsibilities necessary for active community participation.
2.4 Children become socially responsible and show respect for the environment

The preschool children have been participating in dramatic play as vet nurses helping the animals that had been disadvantaged in the devastating fires which then leads to becoming a doctor and checking each other's heart beat and applying band aids to one another.
Furthering their social awareness and learning to interact in relation to others with care, empathy and respect.

Lead Ted visit

Lead is a metal that has been mined in Broken Hill for many years. It is in the dust, soil, dirt and rainwater tanks in our town. Our dry climate means lead dust gets into everything, via the air.
Lead does not belong in the human body. When it gets into our bodies, it builds up and makes us sick. Lead can also harm kids' brain development, which may cause behaviour and learning problems that can last a lifetime.
For more information visit:
https://leadsmart.nsw.gov.au/about/

Lead Ted came to Busy Kids on the 14th Feb to discuss with the children the importance of hand washing and how to prevent getting sick and what lead is.

EYLF Link- 2.1 - Children develop a sense of belonging to groups and communities and 29 an understanding of the reciprocal rights and responsibilities necessary for active community participation

Kids in the kitchen

CREAMY CARBONARA WITH PEAS & BASIL

PREP 15 min | COOK 15 MINS | SERVES 6

INGREDIENTS

6 slices prosciutto
500 grams short pasta
1 cup peas
250 ml cream
2 eggs plus 2 egg yolks
3/4 cup parmesan, grated
1 cup basil leaves, torn

METHOD:

1. Preheat oven to 180 degrees Celsius (350 F). Place prosciutto on an oven tray lined with baking paper and bake for 5 minutes or until the prosciutto is golden and crisp. Roughly chop and set aside.
2. Meanwhile, bring a large pot of salted water to the boil. Add pasta and cook for a couple of minutes. Add peas and cook until the pasta is al-dente and peas are tender. Drain and set aside.
3. In a small jug place the cream, eggs, egg yolks and parmesan and whisk to combine.
4. To assemble: place the pasta, peas, prosciutto, basil and creamy sauce in a large bowl and mix to combine. Serve with a little extra grated parmesan and a few extra torn basil leaves.

Recipe and Image from mylovelylittlelunchbox.com

10 Benefits of Cooking with Kids

1. **Increases Language Development**
2. **Enhances Fine Motor Skills**
3. **Increases Math Ability**
4. **Improves Reading Skills**
5. **Introduces Kids to Scientific Concepts**
6. **Increases Focus and Attention**
7. **Teaches Life Skills**
8. **Promotes Healthy Eating**
9. **Boosts Self-Confidence**
10. **Encourages Family Bonding**

Fun with NUMERACY

Number Walk

Supplies: pen and paper. The next time you go out, ask your child to spot as many numbers as they can. Write the numbers down as they see them or ask them to try writing them. Even if they aren't yet able to write clear numerals, the act of ascribing a mark for each number is an important stage in early writing. When you get home, have a look at all of the numbers you have collected. Ask your child to find a group of objects to represent the different numbers.
https://www.3plearning.com/blog/early-numeracy-activities-for-younger-learners/

Play with purpose

FREE PLAY, FREE-CHOICE PLAY, CHILD-DIRECTED PLAY OR UNSTRUCTURED PLAY

The importance of Free Play has been well researched. It is essential for all children to participate in Free Play. From their Early Years and throughout the Key Stages it plays a crucial role in their development.

What is FREE PLAY: *Children choosing what they want to do, how they want to do it and when to stop and try something else. Free play has no external goals set by adults and has no adult imposed curriculum. Although adults usually provide the space and resources for free play and might be involved, the child takes the lead and the adults respond to cues from the child".* Busy Kids Child Care is child centred with children's choice, we then further their development by observing the children in their own interests.

FREE PLAY…

- **Promotes Personal, Social and Emotional Development**
- **Encourages Cognitive Development and a Child's Ability to Solve Problems**
- **Supports a Child's Physical Development**
- **Enhances a Child's Language and Understanding of Cultures**
- **Reinforces Classroom Learning**
- **Allows a Child to be Happy**

National Quality Framework | Quality Area 1:
Educational Program and Practice
Element 1.2.2 - Responsive teaching and scaffolding
Element 1.2.3 - Child directed learning

Homan, Emma. (2020, February 15). Why Free Play Is Crucial For Early Years Children. *Retrieved from* https://www.pentagonplay.co.uk/news-and-info/why-free-play-is-crucial-for-early-years-children

5 Minute MOVES

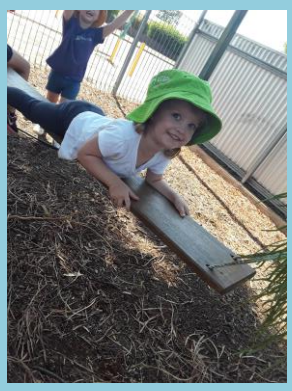
The Floor Is Lava

Short simple activities to get some active minutes in the day.

This is a simple game often lots of fun when surprised on those you intend to play with. Before you do play though, make sure the area you intend to play it in is free from breakables.

To play, one person yells "The floor is lava!" and then starts counting down from five. Every other person must be completely off the ground by the time the counter reaches zero. What, they climb on is up to them, but if any part of them remains on the ground, then they'll be burnt to a crisp.

Continue the challenge by asking players to reach a certain place without touching the ground. Watch as each player creatively devises a plan for crossing the dangerous lava without burning their toes.



Don't forget to download our kidsxap app to keep up with our daily photos and to keep in contact with the educators about your child(ren).

http://busykidschildcare.kidsxap.com.au

Follow us on Facebook for latest events and updates in and around our centre.

www.facebook.com/BusyKidsChildCare

Feedback is always welcome

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Respect, Play, Learn !